

ACTIVITIES HANDBOOK

ACTIVITIES MISSION STATEMENT

The vision for David City Public School activities is to optimize the quality of students' experiences.

BELIEF STATEMENTS

1. We believe that participation in activities promotes learning life skills for all students.
2. We believe that all activities will receive positive reinforcement from students, staff, parents, and community.
3. We believe that role models provided by students, staff parents, and community will promote positive decision-making.
4. We believe that all students participating in activities will compete with pride, dignity, and respect.
5. We believe that the sportsmanship, i.e. attitude and behavior, displayed before, during, and after an event directly reflect the program, school, and community.
6. We believe excellence will be achieved through students molding together on a team or in a group to achieve common goals.
7. We believe that community support is vital to a program.
8. We believe that all activities will be an enjoyable experience.
9. We believe that as the cultural environment changes, a proactive approach will maintain a high level of participation and interest in DCHS activities.

ACTIVITY PURPOSE

To fulfill this obligation, David City High School provides a wide range of activities for the students to develop his/her abilities and allow exploration of their interests.

The purpose of the activities program is to provide opportunities for:

- a. Physical, mental and emotional growth and development
- b. Acquisition and development of special skills in activities of each student's choice
- c. Team play with the development of such commitments as: loyalty, cooperation, fair play and other desirable sociable traits
- d. Directed leadership and supervision that stresses self-discipline, self-motivation, excellence and the ideals of good sportsmanship that make for winning and losing graciously
- e. Activities that will generate a feeling of unity among students, faculty and community

- f. Achievement of goals set by the individual as well as the team and the school
- g. Provisions for worthy use of leisure time in later life, either as a participant or spectator
- h. Participation by the most skilled that will enable these individuals to ascertain possibilities for future vocational pursuits

ACTIVITY PARTICIPATION PHILOSOPHY

MIDDLE SCHOOL

At this level it is very important to try to play everyone to promote the sport. At times this may be very difficult because of the large numbers of team members and the shorter quarters at this level.

Fundamentals and basic concepts of the game should be constantly stressed and practiced.

FRESHMAN

It is important at this level to play everyone, but the players should understand that the minutes played will not always be equal due to skill level and game situations. Fundamentals and an understanding of the games offensive and defensive philosophies will be stressed.

JUNIOR VARSITY

This level is for preparing underclassmen for varsity competition. The realization that skill level will vary results in the difference of playing time. Every effort by the coaching staff will be made to play everyone for some amount of time during each game. This program will also emphasize the philosophy of the varsity program dealing with offensive and defensive schemes.

VARSITY

More emphasis is placed on winning at the varsity level than at any other level. Along with this emphasis goes the coaching staff's responsibilities to evaluate the team through various practice skills and game-like situations. All players will be made aware of the fact that playing time will vary from player to player and game to game.

ACTIVITY CODE

DAVID CITY MIDDLE SCHOOL-HIGH SCHOOL ACTIVITIES CODE

Grounds for Extra-curricular Discipline

The grounds for suspension from practices, participation in interscholastic competition, or other participation in extra-curricular activities and competitions are set forth below. In becoming familiar with the conduct rules for extra-curricular activities, participants need to remember that they are not only representing themselves, but also, their school and community in all of their actions. Special conduct rules exist for the reasons that:

Participants in Activities Assume Responsibility for Leadership and are Representatives of Our School: Participants in extra-curricular activities assume a leadership role. The student body, the community and other communities judge our school on the students' conduct and attitudes, and how they contribute to our school spirit and community image. The students' performance and devotion to high ideals make their school and community proud.

Activities are a Privilege: Extra-curricular activities have an important place in the educational program of David City Public Schools. It is a privilege for the students who choose to participate. Students who participate and are accepted into the program are expected to demonstrate cooperation, patience, pride, character, self respect, self-discipline, teamwork, sportsmanship, and respect for authority. It is the belief that accepting responsibility for one's actions is a part of that philosophy.

All students are encouraged to demonstrate acceptable standards of conduct. Violations of the Activity Code will be governed by this policy.

I. GENERAL PRINCIPLES AND DEFINITONS

- Due to the revisions and implementation of new codes and consequences effective August 1, 2009, all students will begin the 2009-2010 school year with no record of violations. After that year, all records will carry forward from year to year.
- The penalty for an offense begins from the time the administration informs the student that he/she is in violation of the activity code.
- Activities are defined as any school-sponsored event that is considered an extra-curricular activity and includes, but is not limited to, dances, banquets, athletic events, and school related activities such as field trips. Such codes also apply to members of organizations sponsored by the school and are outside of the classroom curriculum.
- "Found Guilty." As defined in this activity code, being "found guilty" of a criminal offense includes any conviction or adjudication by a court, whether by court determination, no contest plea, or otherwise.
- Responsible for counseling costs. All costs associated with any required alcohol or drug counseling are to be borne by the student or the parent/guardian and not the school.
- Self-Reporting. A student or family member may approach a school administrator or guidance counselor to ask for help with a problem such as an addiction. Such a request will not constitute a self-report of a violation of the Activities Code in the absence of a report of conduct by the student in violation of the Activities Code.

- Insubordination is defined as willful defiance of authority. Insubordination includes a failure to abide by rules adopted by the coach or sponsor of an activity which have been provided to the student.

II. WHEN ENFORCED—DEFINED

School Year Enforcement

- The activities conduct code rules apply to conduct which occurs at any time during the school year, and also includes the time frame which begins with the official starting day of the fall sport season established by the NSAA and extends to the last day of the spring sport season established by the NSAA, whether or not the student is a participant in an activity at the time of such conduct. The rules apply to conduct which results in a felony charge at any time, regardless of whether the conduct occurs or the charges are filed during the school year.

Summer Enforcement

- Reported legal violations will be governed by this policy if such violations occur in between the above time span or a time period normally described as “summer vacation”. Reported violations means a report of a violation received by school officials without active monitoring of student behavior by school personnel, such as a self-report by the student or the student’s parent or guardian, a report received by law enforcement, or a report received from another reliable source.

III. CONDUCT RELATING TO ALCOHOL, TOBACCO, DRUGS, STEROIDS ON OR OFF SCHOOL PREMISES OR DURING SCHOOL ACTIVITIES.

A. All students are subject to consequences if:

- 1) The student was engaged in the selling, using, possessing, or dispensing of **any of the above** or being under the influence of the above.
- 2) The student committed another related offense, (i.e. driving under the influence, etc.) was charged and found guilty in the courts or under the jurisdiction of a court by reason of acts connected with the offense.

B. All students will be found in violation of this activity code if:

- 1) The student is charged by the law or **sighted** by faculty, staff or other responsible adults delegated to act in a supervisory capacity by the school on school premises or during activities, or
- 2) The student self-reports as being guilty of an offense, or
- 3) The student’s parent, guardian or legal care-giver reports the student as having committed an offense.

C. A student, parent, guardian or legal care-giver who reports himself or his child as violating the activity code must:

- 1) Contact an administrator, the activities director, his coach, or sponsor after an incident;
- 2) Report the incident on the next school day or before participating or attending any scheduled activity or practice, whichever comes first.

D. Consequences for violation of the activities code:

***Note - Violations are cumulative over a student's enrollment at DCHS**

First Offense:

A student who is in violation of the activity code for the first time will not be allowed to compete in the first school activity in which they are a member of a team or organization. If a student is involved in multiple activities (i.e. Speech and Basketball) they will sit out the first scheduled activity. They will also be placed in a one-on-one counseling session with a selected school staff member (a minimum of 4 sessions). They will also be assigned 15 hours of community service and 15 hours of mentoring a younger student in the district. This will need to be pre-approved by the principal or athletic director. They will be required to complete this program in 18 weeks or less. Failure to complete the program will result in the student not being eligible to compete in any activities until the requirements are met.

Second Offense

A student who is in violation of the activity code for the second time will not be allowed to participate in any activities for six calendar weeks. The student must also address his teammates/organization concerning the nature of the offense. This suspension can be reduced to four calendar weeks if the student participates in weekly counseling session with an approved counselor for the remainder of the season or a minimum of four sessions. This suspension does not include athletic practices or meetings of organizations. In the case of an athletic event, during the suspension, the student must attend under the supervision of the coach of the sport. In the case of an organization event or activity, the student is not eligible to attend during the suspension.

Third Offense

A student who is in violation of the activity code for an offense for the third time will not be allowed to participate in any activities or organizations for a period of twelve (12) months following the offense. To be allowed to participate in any activities or organizations after the 12 month period, the student must address the administration and coaching staff informing them of the actions taken to assure that the offense will not occur again, including what counseling was received and new behaviors have been initiated to avoid the past conduct violations.

Subsequent violations will terminate the student's eligibility for all activities at DCHS.

FAILURE TO REPORT

In the circumstance that a student is involved in a situation where the student chooses not to self report but is subsequently found guilty in a court of law or under the jurisdiction of a court for reason of acts in violation of the activity code, then the consequence for a first offense will result in a six week penalty, consequences for a second offense will be an eight week penalty, and consequences for a third offense will be suspension for fifteen (15) months.

IV. CONDUCT RELATING TO VIOLATION OF OTHER STATUTES OR BOARD POLICIES

A. All students are subject to consequences if:

- 1) The student has committed or been charged with an offense in violation of other state statutes or board policies on or off of school grounds in violation of the activity code. Note that violations such as these committed on school grounds, at a school activity or event, or in a school owned or utilized vehicle, will be dealt with under the school's discipline policy. A student who is suspended or expelled under the school's discipline policy shall not, during the period of such suspension or expulsion, be allowed to participate in any activity events.

The following are included as violations:

1. Willfully disobeying any reasonable written or oral request of a school staff member, or the voicing of disrespect to those in authority.
2. Use of violence, force, coercion, threat, intimidation, or similar conduct in a manner that constitutes a substantial interference with school purposes.
3. Sexual assault or attempting to sexually assault any person.
4. Willfully causing or attempting to cause substantial damage to property, stealing or attempting to steal property of substantial value, or repeated damage or theft involving property.
5. Causing or attempting to cause personal injury to a school employee, to a school volunteer, to any student, or to any other person.
6. Threatening or intimidating any student for the purpose of, or with the intent of, obtaining money or anything of value from such student.
7. Knowingly possessing, handling, or transmitting any object or material that is ordinarily or generally considered a weapon.
8. Truancy or failure to attend assigned classes or assigned activities.
9. Tardiness to school, assigned classes or assigned activities.
10. The use of language, written or oral, or conduct, including gestures, which is profane or abusive to students or staff members. Profane or abusive language or conduct includes, but is not limited to, that which is commonly understood and intended to be derogatory toward a group or individual based upon race, gender, national origin, or religion.
11. Public indecency.
12. Repeated violation of any of the rules adopted by the school district or the school.
13. Engaging in any unlawful activity as determined by the United States or the State of Nebraska.
14. Dressing in a manner wherein such dress is dangerous to the student's health and safety or to the health and safety of others or is distracting or indecent to the extent that it interferes with the learning and educational process.
15. Willfully violating the behavioral expectations for those students riding David

City Public School's buses.

16. The knowing and intentional possession, use, or transmission of a firearm or other dangerous weapon in a place where such items are prohibited.

17. The knowing and intentional use of force in causing, or attempting to cause, personal injury to a school employee, school volunteer, or student, except if caused by accident, self-defense, or on the reasonable belief that the force used was necessary to protect some other person and the extent of force used was reasonably believed to be necessary.

18. Failure to report for the activity at the beginning of each season; reporting for one activity may count as reporting on time if there is a change in activity within the season approved by the coach or the supervisor.

19. Failure to participate in regularly scheduled classes on the day of an athletic/activity event.

20. Failure to attend all scheduled practices and meetings. If circumstances arise to prevent the participant's attendance, the validity of the reason will be determined by the coach. Every reasonable effort should be made to notify the coach or supervisor prior to all missed practices or meetings.

21. All other reasonable rules or regulations adopted by the coach or supervisor of an extra-curricular activity shall be followed, provided that participants shall be advised by the coach or supervisor of such rules and regulations by written handouts or posting on bulletin boards prior to the violation of the rule or regulation.

22. Failure to comply with any rule established by the Nebraska School Activities Association, including, but not limited to, the rules relating to eligibility.

B. All students will be found in violation of this activity code if:

- 1) The student is **charged** by the law.
- 2) The student self-reports as being guilty or under the jurisdiction of a court for reason of violating statutes, or
- 3) The student's parent, guardian or legal care-giver reports the student as having violated statutes, or under the jurisdiction of a juvenile court by reason of acts in violation of the activity code.
- 4) The school administration determines that there is substantiated evidence of an offense.

C. A student or parent who reports himself or his child as violating the activity code must:

- 1) Contact an administrator, the activities director, his coach, or sponsor after an incident;
- 2) Report the incident on the next school day or before participating or attending any scheduled activity or practice, whichever comes first.

D. Consequences for violation of the activities code:

First Offense:

A student who violates the activity code by committing any of the above violations and in turn violates the school's student code of conduct will be ineligible to participate in activities/events during the time of suspension or expulsion as determined by school officials. In addition, the student will not be allowed to participate in activities for an additional week after the student conduct consequence time is served. This week of suspension must include a week during which activities or events are scheduled. If the consequences include out of school suspension or expulsion, the student will not be allowed to participate in practices or meetings. If the consequence is in school suspension or detention, the participation in practices or meetings is required during the time of the consequences. **A student will be placed on the first offense level of the school's diversion plan.** In the case of an organization event or activity, the student is not eligible to attend during the suspension.

A student who violates the activity code by committing any of the above violations outside of the school's jurisdiction will not be allowed to participate in any activity events for two weeks, or for a length of time as determined by school officials. The violation and severity of the violation are factors to be considered in the decision. Participation in practices or meetings will also be determined by the violation and severity of the violation.

Second Offense or Subsequent Offense:

A student who violates the activity code by committing any of the above violations and in turn violates the school's student code of conduct will be ineligible to participate in activities/events during the time of suspension or expulsion as determined by school officials. In addition, the student will not be allowed to participate in activities for an additional two weeks after the student conduct consequence time is served. This two week suspension must include a week during which activities or events are scheduled. If the consequences include out of school suspension or expulsion, the student will not be allowed to participate in practices or meetings. If the consequence is in school suspension or detention, the participation in practices or meetings is required during the time of the consequences. **A student will be placed on the second offense level of the school's diversion plan.** In the case of an organization event or activity, the student is not eligible to attend during the suspension.

A student who violates the activity code by committing any of the above violations outside of the school's jurisdiction will not be allowed to participate in any activity events for four weeks, or for a length of time as determined by school officials. The violation and severity of the violation are factors to be considered in the decision. Participation in practices or meetings will also be determined by the violation and severity of the violation.

FAILURE TO REPORT

In the circumstance that a student is involved in a situation where the student chooses not to self report but is subsequently found guilty in a court of law or adjudged to be under the jurisdiction of a juvenile court for reason of acts in violation of the activity code, then the

consequences will be extended accordingly based on severity of the violation and at the discretion of the administration.

V. CONDUCT RELATED TO A FELONY CHARGE

Any student, who has a legal charge against him/her that is defined as a felony, will not be allowed to participate in an activity or organization provided that the school administration determines that there is a reasonable factual basis for the felony charge. In this case the student will also not be allowed to participate in practices or meetings. The ineligibility will continue until the student is found innocent as determined by legal proceedings. A plan of study emphasizing academics and educational success will be implemented through a cooperative plan between the student, the student's parents, and the school administration.

VI. PROCEDURES FOR EXTRACURRICULAR DISCIPLINE

1. The school officials(s) considering the suspension will make a reasonable investigation of the facts and circumstances.
2. Prior to commencement of the suspension, the student is to be given oral or written notice of the charges against the student. The student will be advised of what the student is accused of having done, an explanation of the evidence the school has (through names of confidential informants need not be shared), and be given the opportunity to explain the student's version of the facts.
3. If the student is not readily available to meet with the school official for this purpose before the suspension is to begin, then the suspension may be imposed at that time so long as the opportunity for the student to hear the charges and evidence and for the student to tell his or her side of the story occurs as soon as reasonably practicable. An effort to schedule a meeting for this purpose should be made by the student and the student's parent or guardian as well. Given the fact that activity suspension actions at times need to be taken outside the regular school day, a telephone conference may be used to give the student the opportunity to provide the student's position.
4. Within two school days or such additional time as is reasonably necessary following the suspension, the Principal or Principal's designee will send a written statement to the student and the student's parents, or guardian describing the student's conduct, misconduct or violation of the rule or standard and the reason for the action taken and the right to a hearing upon request on the specified charges.
5. An opportunity will be afforded the student and the parents or guardian of the student, at their request, to confer on an informal basis with regard to the school official who has imposed the suspension and to give that school official any further information in the student's defense.
6. If the student or student's parents or guardian are not satisfied with the determination of the school official, an informal hearing may be requested before the Superintendent. A form to request such a hearing must be signed by the parent or guardian will either be provided with the initial notice letter or be made available in the Principal's office. This request must be received by the building principal within five days of receiving the initial written notice of suspension.
7. If a hearing is requested, it shall be held within ten calendar days of the request. The Superintendent will notify the participants of the time and place of the hearing within five days of receiving the request. There will be no stay of the penalty imposed pending an appeal.

8. Upon conclusion of the hearing, a written decision will be rendered within five school days. The written decision will be mailed or otherwise delivered to the participant, parents, or guardian. A record of the hearing (copies of documents provided at the hearing and any tape recording or other recordation or documentation of the hearing itself) shall be kept by the school.
9. Nothing contained in these procedures shall prevent the student, parent/guardian or their representative from discussing and settling the matter with the appropriate school personnel at any stage.

Academic Grade Standard for Activities Participation

Participation in extra-curricular school activities is encouraged and desirable for all students. At the same time, the principle mission and responsibility for each student is to establish a firm academic foundation. Generally speaking a student should strive to reach his/her highest potential and maintain a grade point average which reflects that ability. Students are ineligible for participation in activities and organizational events for a minimum of seven (7) days if they are failing more than one class. Those who are failing only one class can regain their eligibility by participating in two (2) 40 minute study periods during the week of their ineligibility. (See student handbook for specific procedure) Eligibility is determined on a weekly basis. Academic eligibility does not apply to:

- (A) Instructional field trips which are part of the scheduled course learning experience; and
- (B) Activities or events which are a part of the student's grade requirements.

COACHES AND SPONSORS DISCIPLINE

Notwithstanding the foregoing, any coach or sponsor shall retain the right to discipline students in any reasonable manner including suspension from practice or one activity for any incident of misconduct. Such rules set by the sponsor or coach of the activity shall be in writing and posted, and shall provide for the student to present his or her side of the story prior to discipline being invoked.

A copy of the activity code, signed by the student and his/her parents or guardians, must be on file in the activities director's office before the student will be allowed to participate in any activities.

Realizing the Activity Code is designed to encourage acceptable student behavior, we agree to abide by these rules and accept the suspensions should the rules be broken.

CLASS ELECTIONS

The election of class officers for the senior, junior and sophomore classes is held in the fall. The freshman, eighth and seventh grade officers' elections are held in the fall, a few weeks after school reconvenes.

All officers are elected by the members of the class which they are to serve. The officers usually consist of a president, a vice president, a secretary and a treasurer. Their duties are to conduct class meetings, and they are responsible for class activities.

CONSTITUTIONS

The constitutions of the various David City High School clubs and organizations are available in the office or from the organization's sponsor.

EXTRA-CURRICULAR ACTIVITIES TRANSPORTATION POLICY

In an effort to support the importance of punctual behavior and responsibility to team or group members by students, the following transportation regulations have been adopted by David City High School.

When David City High School provides transportation to school activities, all students participating in a school activity must ride school transportation to the school activity. Students late for departure time to an extra-curricular activity will be left behind and will not be allowed to participate in the activity that day unless extenuating circumstances are approved by either the activity director or school administrator. If a student finds they are going to be late, a phone call should be made to the school office (367-3187) or Activities Directors (Tom Jahde 538-3165) or (Bill Lentz, Principal) immediately. Extenuating circumstances must be approved by the activities director or school administration before a student will be allowed to participate. School personnel will make a reasonable effort to enable the student to attend and/or participate by transporting the student to the activity if possible.

Students may ride home with parents/legal guardians, if parents/legal guardians identify themselves to the coach/sponsor at the event. Students may ride home only with their parents and only after the event under this arrangement. Parents should help limit these requests to special occasions and situations where miles and time will be saved by the parents.

Parents/legal guardians may make arrangements in advance for alternative transportation home from an activity by picking up a special form in the office and by returning the special form to the office before the event. The required form must be signed before alternative transportation is permitted. Students will only be released to parents/legal guardians at the activity, unless alternative arrangements have been made with the activities directors or school administration.

Failure of students to follow this portion of the policy will result in suspension from the next event in that particular activity, and possible school suspension. Any deviation from the above regulations must be approved by the activities directors or school administration.

MEDICAL CONSENT FORM

A medical consent form must be completed for all 7-12 students and on file in the high school office. This form must be notarized.

DAVID CITY PUBLIC SCHOOLS MEDICAL CONSENT FORM

FOR: _____
(Name of Student) (Age) (Social Security Number)

This form is to be used in the event of an emergency and the parent or legal guardian cannot be reached. Please complete in full, have your signature notarized, and return it to the high school office.

I, _____,
(Parent/Guardian's Name) (Relationship to Student)

of the above named student, hereby authorize in advance, any necessary medical treatment required by the student while he/she is participating in any David City High School sponsored activity and is a student of David City Middle School/High School.

Address: _____

Area Code and Telephone No.: (_____) _____

Insurance Group: _____ Policy No.: _____

Signature of Parent/Legal Guardian

Subscribed in my presence and sworn before me this _____ day _____,
_____.

(Notary Public)

Parents: This form only needs to be completed if: 1) you are a new student; 2) you do not already have a medical consent form on file; 3) any information listed above has changed. If you have questions, call the high school office at 402/367-3187.

IN-SEASON TRAINING RULES

It is the responsibility of the coach in charge of the sport in season to prepare the rules and regulations he expects his/her athletes to follow. Each participant will receive a copy and one will be posted in the locker room or on the bulletin board in the practice area. A copy will also be submitted to the Activities Director and Principal.

Rules and regulations should outline what is expected of the participant during practice and what the consequences will be if the rules are not followed. The rules should cover but not be restricted to the following:

1. Tardiness to practice
2. Missing practice, skipping or otherwise
3. Personal conduct at practice and games, such as swearing, insubordination, destruction of property, fighting, etc.
4. Care of equipment and the responsibility of returning equipment

A copy of the rules should also be provided to the parents. Any violations that endanger the students' future participation in the sport should be discussed with the parents to see if a solution can be reached that will resolve the problem.

LETTER REQUIREMENTS

Each activity sets their requirements for earning a letter in their activity. Below are the tentative requirements for earning a letter. Final requirements will be given out by the head coach to participants.

BAND

The letter award in band is awarded for outstanding service and contribution to the organization. It is an honor to receive this award, and must be earned by meeting or exceeding the following requirements:

1. Enrolled and participated in band all year.
2. Cooperated and worked consistently in rehearsals.
3. No unexcused absences from required performances.
4. Director's recommendation.
5. Have earned point total greater than or equal to 90% of all required events.

All events with adequate, advance notice will be counted towards the required points total. The following is a list of points awarded for events. Outstanding preparation and performances may result in extra points, and other musical activities may be awarded points, at the director's discretion.

Concerts 15 points	District Solo 10 to 40 points
Marching Competitions 15 points	District Ensemble 10 to 35 points

DCHS Band Camp 20 points
Pep Band Performances 5 points
Conference Band 15 points

District Band 15 to 35 points
NMEA All State 10 to 25 points
Other Music Camps 3 points a day

CHOIR

Music Department Letters awarded to organization members are given as a token and reward for individual service to the organization and school. It is awarded on these criteria:

1. Service and attendance at extra-curricular events
2. Musical ability
3. Personal appearance
4. Personal representation of the school and choir

Letter awards for band and choir will be separate, with a letter in each being possible. First year letter winners will be awarded a chenille letter. After that, pins will be awarded to be placed on the letters.

For choir, a point system is kept for each member, with points being cumulative through the high school years. No one will receive a letter who does not meet all four of the criteria listed above. The points for choir are:

Concert Choir 100

Show Choir 50

Men's Ensemble 40

Women's Ensemble 40

Musical Outside Concerts 10

All State Choir 40

Solo to Contest 30

Ensemble Member to Contest 15

Attendance 40

Honor Choir 30

Lead Role 35

Cast or Crew 20

In order to be awarded a letter, each member must have a minimum of 300 points at the end of the school year. Each member who holds a letter, or receives one, must be a member in good standing and must be above the minimum number of points necessary to earn a letter.

SPEECH

A. To receive a school letter in speech, a student has to participate in speech tournaments and:

1. Place (first, second, third) in an invitational tournament with at least two rounds of competition and a minimum of 6 entrants in a given event.
2. Or receive a "Superior" rating in Conference or District competition.

3. Or place (first or second) in Conference or District competition.

B. A senior who doesn't meet the above criteria may letter by participating in a total of eight tournaments during his or her high school years.

DRAMA

A. To receive a letter in drama, a student must participate in the one act play and the one act play must:

1. Place (first or second) at Conference or District competition *or an invitational*.
2. Or place first at an invitational competition.

B. An individual actor/actress may letter if he/she receive best or outstanding actress/actor in any competition.

C. If a student is on the honor roll and completes the one-act season in high standing, he/she may also letter.

MOCK TRIAL

To receive a letter in Mock Trial, a student must:

1. Be a part of Team #1.
2. Have competed in one (1) Mock Trial competition throughout the Mock Trial year.
3. Have attended at least seventy-five percent (75%) of the practices for this activity.
4. Have conducted themselves in an orderly manner throughout each competition and practice. (To be decided on by the Mock Trial sponsor or sponsors)
5. Not receive any less than five (5) in any category, when judged for competition.

VOLLEYBALL

A. Earn 35 or more letter points. Possible points are as follows:

1. Competition: 1 point per varsity set played
2. G.P.A. (for 1st Quarter):
93% - 100% = 4 points
86% - 92% = 2 points
3. Summer Weights:
27 - 35 sessions = 6 points
18 - 26 sessions = 4points
10-17 sessions= 2 points
4. Summer League: 2 points per successful completion of season
5. Camps - Individual and Team: 2 points per camp attended

- 6. Basketball: 6 points for successful completion of season
- 7. Track: 6 points for successful completion of season

- B. Recommendation of coaching staff
- C. Finish season in good standing
- D. Obey all training rules listed in volleyball rules and policies as well as the school handbook.

**DAVID CITY CHEERLEADER
LETTERING SYSTEM
2009-2010**

1. Every member of the DCHS Cheer Squad will be given the opportunity to earn a Cheer letter. This letter is an award of recognition for members of the squad who have upheld the outlined criteria.
2. Each cheerleader will be responsible for keeping a cheer portfolio reporting her commitment to the squad. The portfolio will be updated weekly by the squad member and evaluated by the sponsor(s).
3. Total points needed for lettering will be determined yearly as dictated by the year's scheduled activities. Total points will be assessed by the sponsor(s). The cheerleader will need 90% of the total points to letter at the end of the season. Those achieving over 100% will be granted letters with distinction.

Earned Point

- | | | |
|----|--|-----------------|
| a) | Attend practice | 3 points |
| b) | Cheer at scheduled events | 3 points |
| c) | Attend meetings | 2 point |
| d) | Miscellaneous per sponsor's decisions (decorating locker signs, planning pep rallies, Parent's Night, duties above and beyond the good of the squad, etc.) | approx. 3 pt/hr |

Loss of Points

- | | | |
|----|--|-----------|
| a) | Insubordination – disrespect to sponsor or others on the squad, disrespect during the National Anthem or school song | 3 points |
| b) | In/out of school suspension | 6 points |
| c) | Excused absence from practice | 3 points |
| d) | Excused absence from scheduled activity | 5 points |
| e) | Unexcused absence from practice | 6 points |
| f) | Unexcused absence from scheduled cheer activity | 10 points |
| g) | Late to practice or leaving early | 1 point |
| h) | Late to designated leave time | 1 point |
| i) | Out of uniform as scheduled | 1 point |

- j) Gum chewing while cheering 1 point
- k) Visible hickies, tattoos, body piercings (other than earrings) 1 point
- l) Swearing in uniform 1 point
- m) Wearing jewelry (ONLY small studded earrings allowed in uniform) 1 point
- n) Any other violations as determined by the sponsor(s) and/or administrators 1 point

1. All letter points and any chance of lettering will be lost if squad member is in violation of the Activity Code.
2. Failure to work on homecoming activities and staying the night of homecoming to undecorate will result in the loss of any lettering for the year.
3. Cheerleaders may be benched at the discretion of the sponsor(s) for failure to achieve standard points or excessive loss of points.
4. A benched cheerleader continues in full practice status but will not be allowed to participate at scheduled activities until points are made up.

**DAVID CITY HIGH SCHOOL PLATINUM DANCERS
LETTERING SYSTEM
2009-2010**

Every member of the DCHS Platinum Dance Squad will be given the opportunity to earn a Dance letter. This letter is an award of recognition for members of the squad who have upheld the outlined criteria.

Each dancer will be responsible for keeping a dance portfolio reporting her commitment to the squad. The portfolio will be kept by the sponsor and updated **weekly** by the squad member and evaluated by the sponsor(s).

Total points needed for lettering will be determined yearly as dictated by the year's scheduled activities. Total points will be assessed by the sponsor(s). The dancer will need 90% of the total points to letter at the end of the season. Those achieving over 100% will be granted letters with distinction.

Earned Points

- a) Practice 3 points
- b) Performing at scheduled events 3 points
- c) Attend meeting 2 point
- d) Miscellaneous per sponsors' decisions (decorating locker signs, planning pep rally, Parent's Night, duties above and beyond the good of the squad, etc.) approx. 3 pt/hr

Loss of Points

- | | | |
|-----|---|------------|
| a) | Insubordination (disrespect to sponsor(s) or others on the squad, disrespect during the National Anthem or school song) | 6 points |
| b) | In/out of school suspension | 6 points |
| c) | Excused absence from practice | 3 points |
| d) | Excused absence from scheduled performance/activity | 5 points |
| e) | Unexcused absence from practice | 6 points |
| f) | Unexcused absence from performance | 10 points |
| g) | Late to practice or leave early | 2 points |
| h) | Late to designated leave time | 1 point |
| i) | Out of uniform as scheduled | 2 points |
| j) | Gum chewing while performing | 1 point |
| k) | Visible hickies, tattoos, body piercings (other than earrings) | 3 points |
| jl) | Swearing in uniform | 1 point |
| m) | Jewelry (ONLY small studded earrings allowed in uniform) | 2 points |
| n) | Any other violations as determined by the sponsor(s) and/or administrators | 1-5 points |

FOOTBALL

Participation

- * Athlete must finish the season in good standing.
- * Each Varsity Quarter – 1 pt.
- * Each JV Game participated in – 1 pt.

Off Season

- * Bench your body weight – 2 pts.
- * Bench 1.5 times your body weight – 4 pts.
- * Squat 1.5 times your body weight – 2 pts.
- * Squat 2 times your body weight – 4 pts.
- * 40 yard dash time between 5.0 and 5.3 seconds – 2 pts.
- * 40 yard dash time lower than 5.0 – 4 pts.

* Completing basketball, wrestling or track season – 5 pts.

* Completing golf season – 2 pts.

* Each athletic camp attended in the summer – 2 pts.

Academics/Character

* High honor roll for the first quarter – 5 pts.

* Honorable Mention for the first quarter – 3 pts.

* No problem-solving “tickets” – 5 pts.

* Not advancing to “Level II” – 2 pts.

ANY STUDENT-ATHLETE ON THE SCOUT FOOTBALL TEAM WHO SCORES AT LEAST 40 POINTS WILL BE AWARDED A VARSITY LETTER.

SOFTBALL

Must meet 2 of the 3 following categories to letter:

- A. Start in 50 percent of games
- B. Be #1 in one of the statistic categories
- C. Be in top 5 of 2 categories
- D. If a student is on the honor roll, he/she will receive 5 more points to be put towards a letter.

BOYS BASKETBALL

1. Earn a total of 40 or more letter points.

Points are awarded for:

- A. Competition: 1 point per each varsity quarter played
- B. GPA: 6 points for a grade point average of 93% and above; 3 points for a grade point average of 86% - 92%

- C. Summer Weights: 10 points for attending 27-35 sessions; 6 points for attending 18-26 sessions
- D. Summer League - 2 points for successful completion of season
- E. Camps (Individual & Team) - 2 points per camp attended
- F. Football, Golf, Track - 6 points for successful completion of season

- 2. The athlete must finish the season in good standing (Injuries will be dealt with by the coaching staff)
- 3. The athlete must return all equipment checked out to him in good shape.

GIRLS BASKETBALL

- 1. Earn a total of 40 or more letter points.

Points are awarded for:

- A. Competition: 1 point per each varsity quarter played
- B. GPA: 6 points for a grade point average of 93% and above; 3 points for a grade point average of 86% - 92%
- C. Summer Weights: 10 points for attending 27-35 sessions; 6 points for attending 18-26 sessions
- D. Summer League - 2 points for successful completion of season
- E. Camps (Individual & Team) - 2 points per camp attended
- F. Football, Softball, Volleyball, Golf, Track - 6 points for successful completion of season

- 2. The athlete must finish the season in good standing (Injuries will be dealt with by the coaching staff)
- 3. The athlete must return all equipment checked out to her in good shape.

WRESTLING

- A. Fifty points required, no points will be given to wrestlers that are pinned
 - 1. One point for stepping on the mat
 - 2. Six points for a pin
 - 3. Five points for a technical fall (15-0)
 - 4. Four points for a major decision
 - 5. Three points for a decision
 - 6. 10 points for Honor Roll Students
 - 7. 1 point deducted for being pinned

Letter points will be given in JV tournaments if there are five wrestlers in a weight class.

GIRLS/BOYS TRACK

Lettering Requirements

The coach shall recommend the members of the team who have met the requirements for a letter. If any problems arise as a result of extenuating circumstances, the Athletic Director and Coach involved shall make the final decisions. Requirements for earning a letter will be established and athletes should be informed of these requirements prior to the season.

Special athletic awards shall be given to those members who compete on teams that win their conference, district, or state championship titles or go undefeated. Types of awards are to be determined by the Coach, Athletic Director, and Principals.

1. To receive a monogram, the athlete must have maintained satisfactory scholarship grades throughout the season. His or her conduct in and out of school and on trips must be a credit to himself or herself and the school.

2. To letter in track, you must earn one of the following:

A. A total of 55 points during the season.

1. Points earned in a meet, PLUS

1ST Place = 5 points

2nd Place = 3 points

3rd Place = 1 points

2. 25 Points = 100% of practices attended

3. 15 Points = 90% of practices attended

4. 1 Point for a Personal Record

5. If a student is on the honor roll, he/she will receive 5 more points to be put towards a letter.

B. Place in the conference or district meet.

C. Improve Five times throughout the season in one event.

D. Place at the State Meet

E. Attend Awards Dinner at the conclusion of the season.

3. Return all equipment checked out.

4. Finish the season in good standing.

GOLF

- A. Play at least three matches on varsity during the season
- B. Place in the top five in any invitational
- C. Place tenth or better at districts, state or conference
- D. Finish the season in good standing
- E. Meet academic requirement

CROSS COUNTRY

- A. Compete on the varsity level (top 6) in at least half of the meets
- B. Record a time under 19:00 at least once
- C. Place in the top 15 individuals at either Conference or Districts
- D. Compete with the top 6 at District and qualify as a team for State
- E. All seniors in good academic and practice standing will automatically letter

Insert “Guard your eligibility

RULES FOR ACTIVITY PRACTICES

Definitions

Open Building - No organized activity, however, there will be a certified staff member present to provide supervision.

Practice-

- A. Non-required - Students will not be penalized for not attending.
- B. Required - Students are expected to attend.

1. If classes have begun and are canceled:

There will be non-required practice only for town students and rural students who are staying in town and whose parents have notified an administrator.

2. If there is no school on a school day because of weather:

Open building or non-required practice, with prior administrator approval for those who can and want to attend.

To help meet the goals of the activities program, David City High School has established an activity code for activity participants to follow.

RETURN TRANSPORTATION AUTHORIZATION

DAVID CITY PUBLIC SCHOOLS BUS RELEASE FORM

We, the parents or guardians of _____,

Request that they return home from this activity with us. Thus, releasing the David City School District 56 of the responsibility and liability for our child's (children's) return home from this activity.

DATE OF ACTIVITY _____

PLACE OF ACTIVITY _____

TIME OF RELEASE TO PARENTS _____

PARENT/GUARDIAN SIGNATURE _____

SIGNATURE OF SPONSOR _____



David City High School offers participation in the following activities. Each student should discuss with his/her parents the activities he/she will participate in. Consideration should be given to the academic load carried and the time involved in the activity participation so that the student does not become over burdened.

HIGH SCHOOL ACTIVITIES

Dance Squad

Student Council

D.C. Club Future Farmers of America

Cheerleading Squad

Family Career & Community Leaders of America

Mock Trial

National Honor Society

Flag Corps

One-Act Play

Scoop (If not in Journalism Class)

Speech

Yearbook - The Scout (If not in Journalism)

ATHLETICS

Boys and Girls Basketball

Football

Softball

Volleyball

Track

Golf

Wrestling

Cross Country

Many of the activities involve competition with other schools. To participate in inter school competition a student must follow certain rules and regulations set by the Nebraska School Activities Association. Their rules for eligibility are:

1. Student must be an undergraduate.
2. Student must be enrolled in at least 20 hours per week and regular in attendance.
3. Student must be enrolled in some high school on or before the 11th school day of the current year.
4. Student is ineligible if 19 years of age before August 1 of current school year.

PRACTICE AND PERFORMANCE SCHEDULES

Below you will find each activity listed along with what you might expect for practice and performance schedules:

HIGH SCHOOL

- Speech:
- a. Season runs from late November to late March with practice taking place during the speech class period or before or after school.
 - b. Competition in speech meets usually takes place on weekends.

Mock Trial:

- a. Competition takes place in the fall, with practices held after school and in the evenings.
- One-Act Play
- a. Competition takes place in the fall, with practices beginning in September, usually at night from 7:00-10:00 p.m., and may be scheduled at other times.

Dance/Cheerleading Squad:

- a. Season runs from try-outs in April to try-outs in April of the following year.
- b. Dance Squad will be present at home events and will perform at selected events.
- c. Practices take place during the summer and during the school year they run before and after school or during the evenings.

Football/Volleyball/Softball/Cross Country:

- a. Practice begins on the first date of practice determined by NSAA and starts with two practices a day. After school starts, practices are held from 3:45 to 6:00 p.m.
- b. Volleyball and Football ends the last of October or first of November.
- c. Softball season ends mid-October.

Boys and Girls Basketball:

- a. Practice begins on the first date of practice determined by NSAA with each team alternating early and late practices, early from 3:45 to 5:40 p.m., and late from 4:50 to 6:30 p.m.
- b. The season ends the last of February or first of March.

Wrestling:

- a. Practice begins on the first date of practice determined by NSAA and runs from 3:45 to 6:00 p.m.
- b. Meets are at night with several all day Saturday meets.
- c. The season ends in mid-February.

Track/Golf:

- a. Practice begins in mid-March and runs from 3:45 to 6:00 p.m.
- b. Meets are usually after school or during the school day. Occasionally a meet is on Saturday.
- c. The season ends in mid-May

FFA-FUTURE FARMERS OF AMERICA

The FFA is a national organization for students enrolled in vocational agriculture classes. Through active participation in the FFA, members learn by taking part in and conducting meetings, speaking in public, participating in contests based on occupational skills, earning awards and recognition and become involved in cooperative efforts and community improvement. The FFA offers the opportunity for achieving personal goals and becoming productive citizens. Students must be enrolled in vocational agriculture classes to become FFA members.

FCCLA-FAMILY CAREER & COMMUNITY LEADERS OF AMERICA

FCCLA is the Ultimate Leadership Experience. Everyone is part of a family, and the Family Career and Community Leaders of America is the only national career and technical student organization with the family as its central focus. Chapter projects focus on a variety of youth concerns. Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life – planning, goal setting, problem solving, decision making and interpersonal communication – necessary in the home and workplace.

Membership is opened to all students, grades 7-12, who are taking or have taken a Family & Consumer Sciences class. Members have the opportunity to take part in local, district, state and national activities.

MOCK TRIAL

Members of the mock trial team learn about law and courtroom procedure by competing against teams from other schools in a trial presided over by a judge. Students become attorneys and witnesses and prepare their side of a case given certain facts. It requires the ability to write, organize and rewrite questions and answers, opening and closing statements, think on one's feet and play the part of a certain character. It is a realistic, educational and rewarding experience.

NATIONAL HONOR SOCIETY (D.C.H.S. Chapter)

Objectives of the Honor Society:

1. To create enthusiasm for scholarship.
2. To stimulate a desire to render service.
3. To promote worthy leadership.
4. To encourage the development of character in all students of the school.

Selection Procedure:

An accumulative grade average of all academic subjects is calculated at the end of the first semester. Students with a 91.5 average are eligible for selection. After the eligible students have been identified, the faculty council evaluate the candidates. Their evaluations are based on 1) service, 2) leadership, and 3) character. A point system is used in the evaluations: 5 points-Outstanding; 4 points-Above Average; 3 points-Average; 2 points-Below Average; 1 point-Poor. To become a member of the Honor Society, a candidate must average 4 points by a majority of the faculty council.

Honor Society members must maintain an accumulative grade average of 91.5 and uphold the standards of leadership, character and service to remain a member. Community service projects are to be performed and documented in order to maintain membership.

ONE-ACT PLAY (Play Production)

The One-Act Play is a comedy or drama set in one act which is presented for Conference and District competition. Each member of the play is expected to participate in every aspect of the production, set design, make-up, etc. As with the All-School Play, emphasis is placed on student input and theater knowledge.

THE SCOOP (School Newspaper)

This activity involves writing for and being a staff member of the SCOOP. Students will be expected to write an article or articles each month to be published in the school newspaper.

Through this activity the student gains many things: the experience involved in writing news or other journalistic types of writing, a sense of responsibility in meeting assigned deadlines and pride and accomplishment in seeing his or her own work in print, the ability to work with others, being able to belong to a group, recognized as a valued member of that group and enjoyment through participating in an activity which represents and reflects the school.

STUDENT COUNCIL

The purpose of the Student Council shall be to sponsor school activities, to uphold the standards of D.C.H.S., to promote good citizenship, to raise the level of scholastic and recreational achievements and to promote cooperation between the faculty and the student body. Membership will consist of an Executive Council made up of Juniors and Seniors, three Senators from each grade 9-12, one representative from each class, class presidents and ambassadors. To be an ambassador a student needs to attend four consecutive meetings. Candidates are required to submit an application for the Student Council. The election is held in the fall.

Requirements for students:

1. Must be in grades 7-12.
2. All students must follow the David City High School Activities Code.
3. Academic ineligibility code applies to these students.

YEARBOOK - THE SCOUT

This activity involves selling advertising, designing layouts, writing copy, taking pictures and developing film and pictures for the yearbook. Students are assigned individual responsibilities

according to interests, abilities and availability, and are expected to work together as a staff in putting together what is a history of David City High School for a one-year period.

Through this activity the student gains experience in selling advertising, designing layouts, writing for publication, taking and developing photographs, a sense of responsibility in meeting assigned deadlines, pride in seeing his or her own work published and the ability to work with others. A feeling of accomplishment is gained through participating in any activity that records and represents, in permanent form, the year at David City High School. Students may participate in this activity only with permission of the sponsor. Activity credit is awarded only if the participant is not in the journalism class which is taken for academic credit.

TIPS FOR BEING A SUPPORTIVE PARENT

Being the parent of a high school interscholastic athlete can be a great experience. Your participation with your son or daughter can be and should be an enjoyable activity. Parents' support is very important to these athletes, the high school and the community.

To make this experience the most rewarding for all concerned, the following are some thoughts on being a supportive athletic parent.

1. **Be Positive.** Being on a high school team is quite an accomplishment. Don't let playing time dictate the athlete's happiness. Celebrate the fact they were good enough to make the team. When

things are not going well for your son or daughter or for the team, that is when parents need to be most positive and supportive.

2. Be supportive of the coaching staff in front of your son/daughter. Nothing can injure teamwork faster than athletes doubting the capabilities of their coaches. The coaches are trying their best at every moment. If you have concerns, see the coach/athletic director. He or she will listen, appreciate your confidentiality and give you a timely response.

3. Be part of a parent network. Whether you are a part of a booster club or not, very special relationships can be fostered over the careers of our athletes by socializing with other parents. This socialization can take place at games, after games, at team dinners, etc. Parents need support, too! Be positive with each other and don't hesitate to remind each other about remaining positive at all times. If you hear a "rumor" that concerns you about any athletic issue, call someone to verify or clarify what you've heard. Don't perpetuate a rumor by passing it on or by remaining silent about an issue that could affect a program.

4. Booster Parents. We appreciate the fact that you are an active booster parent. Don't feel you are obligated to donate funds or equipment to our athletic program in order for it to be successful. While we have financial needs, from time to time, our city historically has made a strong commitment to high school athletics. Your attendance at our sporting events and encouraging other fans to come and watch our athletic teams perform is one way to demonstrate support. Wouldn't it be great if we could have a "FULL HOUSE" for our contests? What a great thing this would be for our athletes.

5. Winning and Losing. It shall be our staff's goal to pursue excellence in our athletic program, through motivating students to achieve to the best of their ability. Winning, under a positive goal-oriented environment, can be a natural and enjoyable outgrowth of this attitude. Everyone enjoys a well-played victory but a "Winning is Everything" philosophy cannot become the controlling force. Too much is sacrificed when that philosophy is dominant. Athletics are a wonderful opportunity for young people to stretch their capabilities and to develop life-long skills in fitness and character. Our program and its coaching staff shall dedicate themselves to those ends.

6. College Scholarships. Having lofty expectations for our children is a normal and healthy goal. In striving for these expectations, we must also be realistic. Not everyone can receive a college scholarship, nor should your son/daughter's athletic success be measured by the number of offers they receive. We have received our fair share of scholarships based on all the hard work you, the athletes and the coaches have put in. Our coaches will help individuals and parents in whatever way they can find an opportunity for those who wish to pursue collegiate careers. They will not however, recommend a school at which the athlete cannot potentially be successful.

RECEIPT OF 2009-2010 PARENT-STUDENT HANDBOOK

This signed receipt acknowledges receipt of the 2009-2010 Parent-Student Handbook of the David City Public School District. This receipt acknowledges that it is understood that the handbook contains student conduct and discipline rules. The undersigned, as student, agrees to follow such conduct and discipline rules. This receipt also serves to acknowledge, that it is understood that the District's policies of non-discrimination and equity, and that specific complaint and grievance procedures exist in the handbook which should be used to responding to harassment or discrimination.

Drug-Free Schools Statement: RECEIPT SHALL ALSO SERVE TO DEMONSTRATE THAT YOU AS PARENT OR GUARDIAN OF A STUDENT ATTENDING DAVID CITY PUBLIC SCHOOLS HAVE RECEIVED NOTICE OF THE STANDARDS OF CONDUCT OF THIS DISTRICT EXPECTED OF STUDENTS CONCERNING THE ABSOLUTE PROHIBITION AGAINST THE UNLAWFUL POSSESSION, USE, OR DISTRIBUTION OF ILLICIT DRUGS AND ALCOHOL AS DESCRIBED IN BOARD POLICY OR ADMINISTRATIVE REGULATION. THIS NOTICE IS BEING PROVIDED TO YOU PURSUANT TO THE SAFE AND DRUG-FREE SCHOOLS LAW AND 34 C.F.R. PART 86, BOTH FEDERAL LEGAL REQUIREMENTS FOR THE DISTRICT TO OBTAIN FEDERAL FINANCIAL ASSISTANCE. YOUR SIGNATURE ON THIS RECEIPT ACKNOWLEDGES THAT YOU AND YOUR CHILD OR CHILDREN WHO ARE STUDENTS ATTENDING THIS DISTRICT FULLY UNDERSTAND THE DISTRICT'S POSITION ABSOLUTELY PROHIBITING THE UNLAWFUL POSSESSION, USE, OR DISTRIBUTION OF ALCOHOL OR TOBACCO ON SCHOOL PREMISES OR AS A PART OF THE SCHOOL'S ACTIVITIES AS HEREIN ABOVE DESCRIBED AND THAT COMPLIANCE WITH THESE STANDARDS IS RESULT IN PUNITIVE MEASURES BEING TAKEN AGAINST ANY STUDENT FAILING TO COMPLY WITH THESE STANDARDS.

Each child will be required to sign their school's acknowledgement form for the Building which they attend. Parent signature is also required.

Student #1 Signature _____ Date: _____

Student # 2 Signature _____ Date: _____

Student # 3 Signature _____ Date: _____

Student #4 Signature _____ Date: _____

Parent or Legal Guardian's Signature & Date

(Detach this page, sign, and return to the school office by **August 28, 2009.**)

